## Week One

### **Meat Free Monday**

Macaroni Cheese Pasta or Tomato Pasta

Crusty Bread & Sweetcorn

Oaty Apple Crumble & Cream

### **Tuesday**

Cottage Pie with Cheesy Mash or Cheese Free Mash

Or Quorn Cottage Pie

Green Beans, Carrots & Gravy

Fresh Fruit Platter

## Wednesday

All Day Breakfast: Sausage, Bacon, Egg, Potato Waffle & Baked Beans or Veggie Breakfast

Fruit Salad & Squirty Cream or Yogurt

## **Thursday**

Chicken Korma, Pilau Rice & Naan Bread

Veggie Korma

Flapjack & Fruit

### Friday

Fish Finger Sandwich or Veggie Bites

Chips & Peas

**Biscuit** 

# **Week Two**

### **Meat Free Monday**

Cheese & Tomato French Bread Pizza

Potato Wedges

Fruit Salad Platter

### Tuesday

Sticky Sausages or Quorn Sausages

with Cheesy Mash or Cheese Free Mash & Beans

Chocolate & Vanilla Marble Cake & Custard

## Wednesday

Roast Chicken or Quorn Roast

Stuffing, Roast Potatoes, Cabbage, Carrots

Yorkshire Pudding, & Gravy

Fruit Yogurt / Fresh Fruit

### Thursday

Chicken Italienne (Nacho Topping)

or Quorn Italienne

White & Wholegrain Mixed Rice

Broccoli & Sweetcorn

Arctic Roll

### **Friday**

Jumbo Fish Finger, Chips, Baked Beans & Peas

Jammy Cup Cakes

### **Week Three**

### **Meat Free Monday**

Jacket Potato with a choice of fillings. Tuna Mayo, Cheese, Baked Beans or Sweetcorn

Sticky Toffee Cake & Custard

### Tuesday

Pork Meatballs in Tomato Sauce

or Quorn Meatballs

Mixed Rice & Sweetcorn

Chocolate Crispy Cake

### Wednesday

Roast Turkey or Quorn Roast

Stuffing, Roast Potatoes, Seasonal Veg

Yorkshire Pudding & Gravy

Fruit Jelly

### **Thursday**

Homemade Chicken Pie or Quorn Pie

New Potatoes, Carrots, Green Beans & Gravy

Fresh Fruit Platter

#### Friday

Butchers Pork Sausages or Veggie Sausages,

Chips, Peas & Baked Beans

Homemade Carrot & Parsnip Cake