

## **Week One**

### **Meat Free Monday**

Macaroni Cheese Pasta or Tomato Pasta

Crusty Bread & Sweetcorn

Oaty Apple Crumble & Cream

### **Tuesday**

Spaghetti Bolognaise

Or

Quorn Bolognaise

Fresh Fruit Platter

### **Wednesday**

All Day Breakfast: Sausage, Bacon, Egg,  
Potato Waffle & Baked Beans or Veggie  
Breakfast

Fruit Salad & Squirty Cream or Yogurt

### **Thursday**

Chicken Korma, Pilau Rice & Naan Bread

Veggie Korma

Flapjack & Fruit

### **Friday**

Fish Finger Sandwich or Veggie Bites

Chips & Peas

Biscuit

## **Week Two**

### **Meat Free Monday**

Cheese & Tomato French Bread Pizza

Potato Wedges

Fruit Salad Platter

### **Tuesday**

Sticky Sausages or Quorn Sausages

with Cheesy Mash or Cheese Free Mash & Beans

Chocolate & Vanilla Marble Cake & Custard

### **Wednesday**

Roast Chicken or Quorn Roast

Stuffing, Roast Potatoes, Cabbage, Carrots

Yorkshire Pudding, & Gravy

Fruit Yogurt / Fresh Fruit

### **Thursday**

Chicken Italienne (Nacho Topping)

or Quorn Italienne

White & Wholegrain Mixed Rice

Broccoli & Sweetcorn

Arctic Roll

### **Friday**

Jumbo Fish Finger, Chips, Baked Beans & Peas

Homemade Plain or Jam Sponge

## **Week Three**

### **Meat Free Monday**

Jacket Potato with a choice of fillings. Tuna Mayo,  
Cheese, Baked Beans or Sweetcorn

Sticky Toffee Cake & Custard

### **Tuesday**

Pork Meatballs in Tomato Sauce

or Quorn Meatballs

Mixed Rice & Sweetcorn

Chocolate Crispy Cake

### **Wednesday**

Roast Turkey or Quorn Roast

Stuffing, Roast Potatoes, Seasonal Veg

Yorkshire Pudding & Gravy

Fruit Jelly

### **Thursday**

Homemade Chicken Pie or Quorn Pie

New Potatoes, Carrots, Green Beans & Gravy

Fresh Fruit Platter

### **Friday**

Butchers Pork Sausages or Veggie Sausages,

Chips, Peas & Baked Beans

Homemade Raspberry Muffins