



WENTWORTH SCHOOL SUMMER MENU 2019



Week One:

24/4, 13/5, 10/6, 1/7, 22/7

Week Two:

29/4, 20/5, 17/6, 8/7

Week Three:

7/5, 3/6, 24/6, 15/7

MEAT FREE
MONDAY

Cheese & Tomato Pizza

Penne Pasta salad and sweet corn

Yoghurt dip with an oat and raisin Bite



All Day Breakfast

Sausages, Bacon, Egg, Potato

Hash Brown & Baked Beans

Or Veggie Breakfast (V)

Summer Fruit Platter

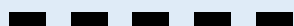


Roast Turkey or Quorn Roast (V)

Stuffing, Roast Potatoes, Seasonal Veg,

Yorkshire Pudding & Gravy

Peaches & Ice Cream



Chicken Biryani, Cucumber Raita

Quorn Biryani(V)

Naan Bread, Green Beans

Jam & Coconut Sponge & Custard



Harry Ramsdens Fish Fillet

Or Quorn Dippers(V)

Chips & Peas

Chocolate Berry Cookie

Cheddar & Mozzarella Tomato Pasta Bake

Corn Cobett, Broccoli

Coconut & Cranberry Cookies with Apple



Omega 3 rich Fish Fingers

Veggie Nuggets (V)

Crispy Chips & Peas

Apple Crumble & Custard



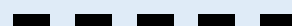
Buffet Day

Wholemeal Roll with sliced Ham, Cheese ,

Tuna or Egg, Mini Sausage Rolls

Potato Salad, Pasta salad & Coleslaw

Organic Fruit Ice Lolly



Sweet & Sour Chicken

Sweet & Sour Quorn (V)

White & Wholemeal Rice, Broccoli & Carrots

Chocolate Sponge Finger



Minced Beef Bolognese Pasta Bake

Quorn Bolognese Pasta Bake (V)

Garlic Bread & Sweetcorn

Fresh Fruit Salad with Ice Cream

Southern Fried Quorn Burger

Crispy Cubes & Sweetcorn

Lemon Shortbread Square

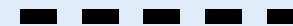


Salmon Fish Fingers

Or Macaroni Cheese (V)

Mashed Potato & Peas,

Organic Fruit Ice Lolly

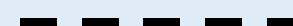


Roast Gammon or Quorn Roast (V)

Roast Potatoes, Seasonal Veg,

Yorkshire Pudding & Gravy

Melon & Strawberry Pots

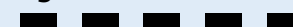


Chicken Fajitas

Quorn Fajitas (V)

White & Wholemeal Rice, Broccoli

Apple Wedge with a Toffee Crispy Bite



Butchers Pork Sausages

Or Veggie Sausages (V)

Tiger Wedges, Peas or Baked Beans

Fruit Flapjack

Wednesday

Thursday

Friday

NEW OPTION AVAILABLE DAILY: Jacket Potato with a choice of Baked Beans, Cheese or Tuna

