



WENTWORTH SCHOOL AUTUMN MENU 2020



Week One:

18/01, 08/02, 08/03

Week Two:

25/01, 22/02, 15/03

Week Three:

01/02, 01/03, 22/03

Monday

Freshly made Pizza
with a
Choice of Meat Free Toppings
Arctic Roll



Brunch Lunch

Sausage bacon & egg / Vegetarian (v)
served with Baked Beans hash browns

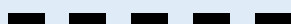
Flap Jack



Local Butchers Roast Chicken

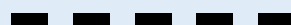
Veg Roast (v) Served with
Yorkshire pudding, roast potatoes,
Broccoli florets, sweetcorn

Yoghurt / Fruit



Tuesday

Tomato and Basil Pasta
Macaroni Cheese
Served with Garlic Bread
Homemade Shortbread Biscuit



Pork Meatballs / Quorn meatballs (v)
in a rich tomato sauce

Wholemeal Pasta and Garlic Bread

Cheese and Biscuits



Roast Beef / Quorn Roast

Yorkshire Pudding, carrots, parsnip, swede

Roast Potatoes

Yoghurt / Fresh Fruit



Wednesday

Jacket Potato (v) with a choice of
Beans / cheese/ Tuna
Cheese and biscuits



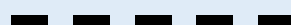
Fresh Chicken / Veg Burger (v)

Served with Wedges, Baked Beans / Peas

Chocolate Sponge / Custard

Thursday

Baguette Day
Cheese, Ham, Tuna mayo
Blueberry Muffin



Chunky Fish Finger/Quorn Dippers/
chips and peas

Lemon Drizzle Cake

Locally sourced sausage/ Veg sausage (v)
Served with Cream Mash Potato,
Carrots, peas, gravy
Fruit Whip



Chicken Korma/ Quorn (v)

Basmati Rice

Naan Bread

Flapjack

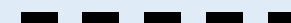


Local Butcher's Roast Gammon

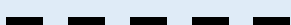
Quorn Roast (v)

Yorkshire Pudding, Roast Potatoes, Savoy
Cabbage and Cauliflower Florets

Fruit Yoghurt / Fresh Fruit



Jacket Potato (v) with a choice of
Beans / Cheese / Tuna
Cheese and Biscuits



Fish Finger/Vegetarian Finger (v) Wrap

Tomato Sauce (optional) Herby diced

Potatoes and sweetcorn

Apple Crumble and custard

***** AVAILABLE DAILY: Fresh Fruit, and yoghurt available daily.**