



WENTWORTH SCHOOL AUTUMN MENU 2022



Week One:

05/09, 26/09, 17/10

Week Two:

12/09, 03/10

Week Three:

19/09, 10/10

Monday

Tomato and Basil Pasta (v)

Served with

Sweetcorn, Salad Bar

Medley of melon or fruit yoghurt

■ ■ ■ ■ ■

Fish Fingers / Vegetable Fingers

Mash and Mixed Veg, Salad Bar

100% Fruit Lolly

■ ■ ■ ■ ■

Roast Chicken / Quorn Roast (v)

Served with

Yorkshire pudding, Roast Potatoes,

Carrots and Green Beans

Chocolate Krispie Cake

■ ■ ■ ■ ■

Beef Meatballs

Vegetarian Meatballs (v)

50/ 50 Rice and Garlic Bread, Salad Bar

100% Fruit Lolly

■ ■ ■ ■ ■

Chicken Nuggets 100% Chicken Breast /

Quorn nuggets (v) with Chips, Beans/Peas, Salad Bar

Jam and Coconut Sponge

Mild Chicken Korma / Quorn Korma (v)

Served with

Basmati Rice and Naan Bread, Salad Bar

Arctic Roll

■ ■ ■ ■ ■

Sausage Roll / Vegetarian Sausage Roll (v)

Served with Mash Potato, Baked Beans

Salad Bar

100% Fruit Lolly

■ ■ ■ ■ ■

Picnic Day

Choice of Baguette Ham / Tuna / Cheese

Served with Tortilla Chips,

Salad, Coleslaw

Fresh Fruit Salad

■ ■ ■ ■ ■

Spaghetti Bolognese / Quorn Spaghetti

Bolognese (v)

Served with Garlic Bread, Salad Bar

100% Fruit Lolly

■ ■ ■ ■ ■

Fish Fillet/Cheese and Vegetable Bake (v)

with Chips, Peas, Salad Bar

Chocolate Sprinkle Cake

Freshly Made Pizza with Coleslaw and

Sweetcorn (v) Salad Bar

Raspberry Muffins

■ ■ ■ ■ ■

Chicken and Sweetcorn Pasta /

Vegetarian Pasta (v)

Fresh Bread, Salad Bar

100% Fruit Lolly

■ ■ ■ ■ ■

Roast Turkey / Quorn Roast (v)

Yorkshire Puddings, Roast Potatoes

Broccoli and Carrots

Homemade Shortbread

■ ■ ■ ■ ■

All Day Breakfast / Vegetarian Breakfast

Sausage, Bacon, Hash Browns, Free Range

Omelette, and Beans

100% Fruit Lolly

■ ■ ■ ■ ■

Jumbo Fish Finger / Vegetarian Finger (v)

Served with Chips, Beans, Salad Bar

Fruit Flapjack

*****AVAILABLE DAILY: Jacket Potato with a choice of Baked Beans, Cheese or Tuna , fresh fruit, and yoghurt available daily*****